

Living Beyond Your Feelings

Controlling Emotions-So They Don't Control You

by Joyce Meyer

WEEK	DURING SMALL GROUP	AT HOME READING
Week 1	<i>KICKOFF BRUNCH Choose & Buy Book</i>	<i>Read Introduction</i>
Week 2	<i>Intro To Small Groups Discuss Intro</i>	<i>Read Chapter 1 & 2</i>
Week 3	<i>Discuss Chapter 1 & 2</i>	<i>Read Chapter 3</i>
Week 4	<i>Discuss Chapter 3</i>	<i>Read Chapter 4 & 5</i>
Week 5	<i>Discuss Chapter 4 & 5</i>	<i>Read Chapter 6</i>
Week 6	<i>Discuss Chapter 6</i>	<i>Read Chapter 7 & 8</i>
Week 7	<i>Discuss Chapter 7 & 8</i>	<i>Read Chapter 9</i>
Week 8	<i>Discuss Chapter 9</i>	<i>Read Chapter 10 & 11</i>
Week 9	<i>Discuss Chapter 10 & 11</i>	<i>Read Chapter 12</i>
Week 10	<i>Discuss Chapter 12</i>	<i>Read Chapter 13 & 14</i>
Week 11	<i>Discuss Chapter 13 & 14</i>	<i>Read Chapter 15</i>
Week 12	<i>Discuss Chapter 15</i>	<i>Read Chapter 16 & 17</i>
Week 13	<i>Discuss Chapter 16 & 17</i>	<i>Read Chapter 18 & 19</i>
Week 14	<i>FINAL BRUNCH Discuss Chapter 18&19</i>	



Living Beyond Your Feelings

Controlling Emotions-So They Don't Control You

by Joyce Meyer

WEEK	DURING SMALL GROUP	AT HOME READING
Week 1	<i>KICKOFF BRUNCH Choose & Buy Book</i>	<i>Read Introduction</i>
Week 2	<i>Intro To Small Groups Discuss Intro</i>	<i>Read Chapter 1 & 2</i>
Week 3	<i>Discuss Chapter 1 & 2</i>	<i>Read Chapter 3</i>
Week 4	<i>Discuss Chapter 3</i>	<i>Read Chapter 4 & 5</i>
Week 5	<i>Discuss Chapter 4 & 5</i>	<i>Read Chapter 6</i>
Week 6	<i>Discuss Chapter 6</i>	<i>Read Chapter 7 & 8</i>
Week 7	<i>Discuss Chapter 7 & 8</i>	<i>Read Chapter 9</i>
Week 8	<i>Discuss Chapter 9</i>	<i>Read Chapter 10 & 11</i>
Week 9	<i>Discuss Chapter 10 & 11</i>	<i>Read Chapter 12</i>
Week 10	<i>Discuss Chapter 12</i>	<i>Read Chapter 13 & 14</i>
Week 11	<i>Discuss Chapter 13 & 14</i>	<i>Read Chapter 15</i>
Week 12	<i>Discuss Chapter 15</i>	<i>Read Chapter 16 & 17</i>
Week 13	<i>Discuss Chapter 16 & 17</i>	<i>Read Chapter 18 & 19</i>
Week 14	<i>FINAL BRUNCH Discuss Chapter 18&19</i>	

