

***Un-clutter Your Soul***  
*Overcoming What Overwhelms You*  
 by *Trina McNeilly*

WEEK	DURING SMALL GROUP	AT HOME READING
Week 1	<i>KICKOFF BRUNCH</i> <i>Choose &amp; Buy Book</i>	<i>Read Introduction</i>
Week 2	<i>Intro To Small Groups</i> <i>Discuss the Intro.</i>	<i>Read</i> <i>Chapter 1 &amp; 2</i>
Week 3	<i>Discuss Chapter 1 &amp; 2</i>	<i>Read</i> <i>Chapter 3, 4 &amp; 5</i>
Week 4	<i>Discuss</i> <i>Chapter 3, 4 &amp; 5</i>	<i>Read Chapter</i> <i>6 &amp; 7</i>
Week 5	<i>Discuss</i> <i>Chapter 6 &amp; 7</i>	<i>Read Chapter</i> <i>8, 9 &amp; 10</i>
Week 6	<i>Discuss</i> <i>Chapter 8, 9 &amp; 10</i>	<i>Read Chapter</i> <i>11, 12 &amp; 13</i>
Week 7	<i>Discuss</i> <i>Chapter 11, 12 &amp; 13</i>	<i>Read</i> <i>Chapter 14 &amp; 15</i>
Week 8	<i>Discuss</i> <i>Chapter 14 &amp; 15</i>	<i>Read Chapter</i> <i>16, 17 &amp; 18</i>
Week 9	<i>Discuss</i> <i>Chapter 16, 17 &amp; 18</i>	<i>Read Chapter</i> <i>19, 20 &amp; 21</i>
Week 10	<i>Discuss</i> <i>Chapter 19, 20 &amp; 21</i>	<i>Read Chapter</i> <i>22, 23 &amp; 24</i>
Week 11	<i>Discuss</i> <i>Chapter 22, 23 &amp; 24</i>	<i>Read Chapter</i> <i>25, 26 &amp; 27</i>
Week 12	<i>Chap 25, 26 &amp; 27</i> <i>FINAL BRUNCH</i>	



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