

# Married But Lonely

*7 Steps You Can Take With Or Without Your Spouse's Help* by David E. Clarke, PhD

| WEEK    | DURING SMALL GROUP                              | AT HOME READING          |
|---------|---|--------------------------|
| Week 1  | <i>KICKOFF BRUNCH<br/>Choose &amp; Buy Book</i> |                          |
| Week 2  | <i>Intro To Small Groups</i>                    | <i>Read Part 1</i>       |
| Week 3  | <i>Discuss Part 1</i>                           | <i>Read Part2: Step1</i> |
| Week 4  | <i>Discuss Part 2: Step 1</i>                   | <i>Read Part2: Step2</i> |
| Week 5  | <i>Discuss Part 2: Step 2</i>                   | <i>Read Part2: Step3</i> |
| Week 6  | <i>Discuss Part 2: Step 3</i>                   | <i>Read Part2: Step4</i> |
| Week 7  | <i>Discuss Part 2: Step 4</i>                   | <i>Read Part2: Step5</i> |
| Week 8  | <i>Discuss Part 2: Step 5</i>                   | <i>Read Part2: Step6</i> |
| Week 9  | <i>Discuss Part 2: Step 6</i>                   | <i>Read Part2: Step7</i> |
| Week 10 | <i>Discuss Part 2: Step 7</i>                   | <i>Read Part 3</i>       |
| Week 11 | <i>Discuss Part 3</i>                           |                          |
| Week 12 | <i>FINAL BRUNCH</i>                             |                          |



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