## Wild + Free Family

Foraging Your Own Path To A Life Full of Wonder, Adventure and Connection by Ainsley Arment

| WEEK    | DURING<br>SMALL GROUP                       | AT HOME<br>READING      |
|---------|---|-------------------------|
| Week 1  | KICKOFF BRUNCH<br>Choose & Buy Book         | Read Introduction       |
| Week 2  | Intro To Small Groups<br>Discuss the Intro. | Read<br>Chapter 1 & 2   |
| Week 3  | Discuss Chapter 1 & 2                       | Read Chapter 3          |
| Week 4  | Discuss Chapter 3                           | Read Chapter 4          |
| Week 5  | Discuss Chapter 4                           | Read<br>Chapter 5 & 6   |
| Week 6  | Discuss Chapter 5 & 6                       | Read<br>Chapter 7 & 8   |
| Week 7  | Discuss Chapter 7 & 8                       | Read Chapter 9          |
| Week 8  | Discuss Chapter 9                           | Read Chapter 10         |
| Week 9  | Discuss Chapter 10                          | Read<br>Chapter 11 & 12 |
| Week 10 | Discuss<br>Chapter 11 & 12                  | Read Chapter 13         |
| Week 11 | Discuss Chapter 13                          | Read Chapter 14         |
| Week 12 | FINAL BRUNCH<br>Discuss Chapter 14          |                         |



## Wild + Free Family

Foraging Your Own Path To A Life Full of Wonder, Adventure and Connection by Ainsley Arment

| WEEK    | DURING<br>SMALL GROUP                       | AT HOME<br>READING      |
|---------|---|-------------------------|
| Week 1  | KICKOFF BRUNCH<br>Choose & Buy Book         | Read Introduction       |
| Week 2  | Intro To Small Groups<br>Discuss the Intro. | Read<br>Chapter 1 & 2   |
| Week 3  | Discuss Chapter 1 & 2                       | Read Chapter 3          |
| Week 4  | Discuss Chapter 3                           | Read Chapter 4          |
| Week 5  | Discuss Chapter 4                           | Read<br>Chapter 5 & 6   |
| Week 6  | Discuss Chapter 5 & 6                       | Read<br>Chapter 7 & 8   |
| Week 7  | Discuss Chapter 7 & 8                       | Read Chapter 9          |
| Week 8  | Discuss Chapter 9                           | Read Chapter 10         |
| Week 9  | Discuss Chapter 10                          | Read<br>Chapter 11 & 12 |
| Week 10 | Discuss<br>Chapter 11 & 12                  | Read Chapter 13         |
| Week 11 | Discuss Chapter 13                          | Read Chapter 14         |
| Week 12 | FINAL BRUNCH<br>Discuss Chapter 14          |                         |

