

## Triggers

### *Exchanging Parents' Angry Reactions for Gentle*

*Biblical Responses* by Amber Lia & Wendy Speake

WEEK	DURING SMALL GROUP	AT HOME READING
Week 1	<i>KICKOFF BRUNCH Choose &amp; Buy Book</i>	<i>Read Introduction</i>
Week 2	<i>Intro To Small Groups Discuss Introduction</i>	<i>Read Chapters 1-3</i>
Week 3	<i>Discuss Chapters 1-3</i>	<i>Read Chapters 4&amp;5</i>
Week 4	<i>Discuss Chapters 4 &amp; 5</i>	<i>Read Chapters 6-8</i>
Week 5	<i>Discuss Chapters 6-8</i>	<i>Read Chapter 9&amp;10</i>
Week 6	<i>Discuss Chapter 9 &amp; 10</i>	<i>Read Chapters 11-13</i>
Week 7	<i>Discuss Chapters 11-13</i>	<i>Read Chapters 14 &amp; 15</i>
Week 8	<i>Discuss Chapters 14 &amp; 15</i>	<i>Read Chapters 16-18</i>
Week 9	<i>Discuss Chapters 16-18</i>	<i>Read Chapters 19 &amp; 20</i>
Week 10	<i>Discuss Chapters 19 &amp; 20</i>	<i>Read Chapters 21-23</i>
Week 11	<i>Discuss Chapters 21-23</i>	<i>Read Chapters 24 &amp; 25</i>
Week 12	<i>Discuss Chapters 24 &amp; 25</i>	<i>Read Chapters 26-28</i>
Week 13	<i>Discuss Chapters 26-28</i>	<i>Read Chapters 29-31</i>
Week 14	<i>FINAL BRUNCH Discuss Chapter 29-31</i>	



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