

## Do It Scared

*Finding The Courage To Face Your Fears, Overcome Adversity & Create A Life You Love by Ruth Soukup*

WEEK	DURING SMALL GROUP	AT HOME READING
Week 1	<i>KICKOFF BRUNCH Choose &amp; Buy Book</i>	<i>Read Invisible Chains</i>
Week 2	<i>Intro To Small Groups Discuss Invisible Chains</i>	<i>Read Chapter 1&amp;2</i>
Week 3	<i>Discuss Chapter 1&amp;2</i>	<i>Read Chapter 3&amp;4</i>
Week 4	<i>Discuss Chapter 3&amp;4</i>	<i>Read Chapter 5&amp;6</i>
Week 5	<i>Discuss Chapter 5&amp;6</i>	<i>Read Chap. 7&amp;Fear</i>
Week 6	<i>Discuss Chapter 7 &amp; Fear</i>	<i>Read Chapter 8&amp;9</i>
Week 7	<i>Discuss Chapter 8 &amp; 9</i>	<i>Read Chapter 10 &amp; 11</i>
Week 8	<i>Discuss Chapter 10&amp;11</i>	<i>Read Chapter 12 &amp; 13</i>
Week 9	<i>Discuss Chapter 12 &amp; 13</i>	<i>Read Chapter 14 &amp; Courage</i>
Week 10	<i>Discuss Chapter 14 &amp; Courage</i>	<i>Read Chapter 15 &amp; 16</i>
Week 11	<i>Discuss Chapter 15 &amp; 16</i>	<i>Read Chapter 17 &amp; 18</i>
Week 12	<i>Discuss Chapter 17 &amp; 18</i>	<i>Read Chapter 19 &amp; 20</i>
Week 13	<i>Discuss Chapter 19 &amp; 20</i>	<i>Read Chapter 21 &amp; Action</i>
Week 14	<i>FINAL BRUNCH Discuss Chap. 21&amp;Action</i>	



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