Peace
Hope & Healing For An Anxious Momma's
Heart by Becky Thompson

WEEK	DURING SMALL GROUP	AT HOME READING
Week 1	KICKOFF BRUNCH Choose & Buy Book	
Week 2	Intro To Small Groups	Read Chapter 1
Week 3	Discuss Chapter 1	Read Chapter 2
Week 4	Discuss Chapter 2	Read Chapter 3
Week 5	Discuss Chapter 3	Read Chapter 4
Week 6	Discuss Chapter 4	Read Chapter 5
Week 7	Discuss Chapter 5	Read Chapter 6 & 7
Week 8	Discuss Chapter 6 & 7	Read Chapter 8
Week 9	Discuss Chapter 8	Read Chapter 9-10
Week 10	Discuss Chapter 9 & 10	Read Chapter 11
Week 11	Discuss Chapter 11	Read Before You Go
Week 12	FINAL BRUNCH Discuss Before You Go	

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